



“BROADCAST”

Newsletter of the Toronto Unit

Naparima Teachers' Training
St. Andrew's Theological
St. Augustine Girls'
Naparima Girls'
Naparima
Hillview
Iere

Naparima Alumni Association of Canada

Vol. XXXVI No. 2

Spring 2013



Spring is finally here?

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OUMARALLY, BABOOLAL



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The Naparima Alumni Association of Canada (NAAC) was founded in Toronto in 1978 and includes graduates of Naparima College, Naparima Girls' High School, St. Augustine Girls' High School, Hillview College, Iere High School, Naparima Teachers' Training College and St. Andrew's Theological College. Among other things, it supports programmes at alma mater schools as well as a steelband programme in schools in the Toronto area.

All graduates coming to Ontario are invited to join the Association.

2012-13 NAAC Executive

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CREDITS

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President's Message

As we go forward to the AGM on May 25, 2013 and the election of officers to the Executive, my personal wish is to be able to fully retire from many of my responsibilities and winter in warmer climes where I can play nine holes every day. With this in mind, I braved the cold, biting winds during the week of the \$55 million jackpot to buy two tickets. Those who know me, will recognize that this act was really and truly an extravagance. Only on rare occasions will I buy one ticket!

This demonstrates how much I need to take a backseat in the Association's affairs. So when you, our members, get a call to serve, please think of me. I have served on this Board for twenty years and as President for six terms in that time period. It is time for others to take a turn. "*Service to others is the rent you pay for your room here on earth.*" Muhammed Ali

At my advanced age, I freely confess that I am guilty of one of The Seven Deadly Sins, as I welcomed our Treasurer, Norma Ramsahai, back to Toronto from her three-month stay down south. That being said, Norma is still able to do a superb job as Treasurer and the current Executive is pleased that she will again stand for Office. To be fair to those who are thinking of volunteering to serve, we do not hold Executive meetings during the months of January to March; we conduct the business of the Association via email.

To the newbies, Wendy Rostant (not really, so new), Angela Jutlah, Larry Large and Shivana Ramkissoon, I hope that this past year proved to be a good experience for you and that you feel more confident that you can continue serving. I enjoyed working with you. Vilma Ramcharan and Cynthia Ramdeen are oldies in their positions and know them well, so here's hoping that life's small stumbles will still allow you to work on a committee.

Thank you all for your help and support during this 2012-2013 year.

Merle Ramdial

From the Editor's Desk...

You can tell from my President's message that ice and wind are not for me, so when Ramabai Espinet did the interview on page 10 with Pat Moonilal, the first thought that came to mind was that Barrie, Ontario, is far enough north for me. Thanks Pat and Ramabai for showing us that there are Trinis who have embraced the Canadian north after having moved there out of necessity.

One of our adventure-seeking members, Shirley Lobin, submitted the piece on pages 16-19. I visited Brazil twice too, but I definitely did not have the fun and food experiences that Shirley had.

On pages 21-25 the news from Naparima College and the great pictures of events and activities summarizes most of their year's accomplishments. Finally, they have proper viewing stands and night lighting at the old Paradise Pasture grounds on Lewis Street.

Special thanks to Tyrell Rudy Mohammed for volunteering at very short notice to be our photographer at the Christmas Dinner & Dance.

So that's it for me after another year as editor. It has been a pleasure working on *Broadcast*, but without help from Rajiv Persaud of Bluetree Publishing, the magazines would not be as attractive as they have been.

Merle Ramdial

Get Well ...

We extend our good wishes to **Cynthia Ramdeen** for a full recovery following an accident while crossing the street. Cynthia has had daily care for a while and although she is making good progress, it will still be a while before she is back to all of her normal routines.

Finance Report

This report reflects the Association's financial information as at March 31, 2013. Annual Financial Statements for the fiscal year ended March 31, 2013 will be presented at the Annual General Meeting.

Bingo Account

Bank of Nova Scotia	\$18,661.00
---------------------	-------------

General Account

Bank Of Nova Scotia	\$14,321.00
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TOTAL BANK ACCOUNTS	\$32,982.00
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NAAC INVESTMENTS

Bank of Nova Scotia – Term Deposit

-Balance at Dec 31, 2012	\$ 1,230.00
--------------------------	-------------

Edward Jones GIC @ 2.16%	\$12,001.00
--------------------------	-------------

Investment Planning Counsel – Inter Pipeline Fund:

*1600 Units – B.V. per unit \$10.00

(M.V. \$38,128.00)	\$16,000.00
--------------------	-------------

*Dividends earned – Apr/12 – Mar/13	\$ 1,776.00
-------------------------------------	-------------

**Riocan Real Estate Inv T/U

(M.V. \$15,290.00)	\$14,654.00
--------------------	-------------

**Dividends earned Apr/12 – Mar/13	\$775.00
------------------------------------	----------

TOTAL INVESTMENTS	<u>\$46,436.00</u>
--------------------------	---------------------------

*Market value of the Inter Pipeline Fund as at March 31, 2013 was \$23.83 per unit. This reflects an increase of 138.3% over book value. The fund continues to earn dividends at the rate of \$148 per month which translates to a return of 11.1% per annum on that investment.

**Market value of Riocan REIT as at March 31, 2013 was \$27.80 per unit an increase of 4.3% over book value. Dividends earned on this stock show a return of 5.3% per annum.

The Association continues to award bursaries and provide funding for resource materials, book awards, literary awards, and civic awards to NAAC's affiliated schools in Trinidad in the amount of \$6,260 yearly. This is the sum of the following amounts to each of the five schools: NGHS, Iere, & SAGHS in

the amount of \$1320 each, Naparima College in the amount of \$1120 and Hillview College in the amount of \$1180.

Canadian bursaries to West Humber Collegiate, Cedarbrae Collegiate and student members of NAAC in the amount of \$2000 were also awarded during this fiscal year. Thanks again to La Prima Investments, in association with Mr Roy Bhopalsingh, for another generous donation this year in the amount of \$500 for NAAC bursaries. Other NAAC donations included \$2000 to Morning Star Middle School for the purchase of steelpans towards the program for underprivileged children, and \$750 towards the cost of medical expenses incurred in Canada for David Mohammed a pupil of Naparima College.

The La Pique 100 Fund is now closed. A cheque in the amount of \$15,000 was sent to the NGHS Building Fund in Trinidad. This translates into a contribution of over \$5,000 from the Association's general account coupled with donations from individuals and fund raising events totalling \$9,608.07.

For the current fiscal year the main events that contributed to the revenue pool were the Annual Christmas Dinner & Dance which raised a net income of \$2,344 plus revenue from the bingo sessions. The Woodbine Race Track event held in August 2012 was intended to be subsidized by the Association to its members and resulted in a subsidy of \$90.

Details of income and expense by each project will be presented in our Financial Statements for the fiscal year at the Annual General Meeting to be held in May 2013.

Respectfully submitted

Norma Ramsahai

Treasurer

Membership Report

MEMBERS

TOTAL MEMBERSHIP now stands at 283

HONORARY MEMBERS	26
LIFE	194
ANNUAL	63
TOTAL	283

Thanks to the Annual members who have renewed their membership for 2013. Reminder e-mail messages were sent to another twenty-four members who have yet to send in their fees for 2013.

Merle Ramdial will be maintaining the NAAC Membership & Mailing Lists for the next few months, so please send any changes to your home addresses and email addresses to mjramdial@hotmail.com

*Submitted by Merle Ramdial
for Cynthia Ramdeen*

— REMINDER —

NAAC MEMBERSHIP

*Please remember to renew your
NAAC Membership.*

*The membership year runs from
January to December.*

Social Report

Our Annual Christmas Dinner and Dance 2012 was not the success we hoped it would be. We sold 259 tickets, and after expenses we made a profit of \$2,344.00.

We received many positive comments on the food, the atmosphere, the new DJ, *DJ InVINCEable* and of course, Panache steelband. Angela Jutlah has submitted a short piece on page 9 in which she quotes from a message she received from her guests who came from Quebec especially for the occasion.

We are already planning this year's Christmas Dinner and Dance to be held on Saturday, November 30th 2013, so please mark your calendars. This year is also NAAC's 35th Anniversary and although we did not consider having a separate event, we will celebrate both Christmas and our anniversary on November 25th.

Looking ahead, we will definitely plan early for a super celebration for our 40th Anniversary in 2018.

As always, if you have any ideas or suggestions for any future social events, feel free to pass them along. My email address is Rostant@idirect.com or you can contact any member of the social committee or any member of our executive. Have a safe and enjoyable summer 2013.

Wendy Rostant
Chair, Social Committee



NOTICE NAAC ANNUAL GENERAL MEETING

Saturday, May 25, 2013 • 12:00 p.m. to 3:00 p.m.

Knox Presbyterian Church

4156 Sheppard Avenue East, Scarborough, ON

Refreshments will be served

Communications Report

In order for us to communicate effectively, you need to send in any changes to your email addresses. Many of us make changes to our email accounts following problems with hackers and find that we cannot retrieve our list of contacts. So, to ensure that all's well, please send me a *test* message.

Broadcast:

Copies of the newsletter are mailed to Members, Honorary members, Principals of five T & T schools, Principal of St. Andrew's Theological College, The T & T High Commissioner (Ottawa), the T & T Consul-General (Toronto), advertisers, contributors and the two TDSB partnership schools. However, if you wish to receive additional copies, please request them by email and we will let you know the cost plus postage.

You may have noticed that we have very few advertisements in this issue in spite of our very reasonable prices at just \$25/quarter page (B&W), \$50/ half page, \$75/three-quarter page and \$100 for a full page. The inside back cover is priced at \$200. We appreciate the support of regulars, like Oumarally Baboolal.

Small business people in the GTA claim that Trinis get the ethnic newspapers, so that's where they prefer to spend their ad dollars. **Members**, have you considered sponsoring a full issue of Broadcast?

Contact Ras Shreeram at 416-743-1331 or rasras@rogers.com.

Website:

Regular maintenance of the website continues with updating of the on-line files i.e. membership lists, names and contacts, notices etc. Your Site Administrator is still looking for a volunteer with some knowledge of HTML to lend a hand with the website, please contact Merle Ramdial at 905 844 1254 or mjramdial@hotmail.com

Merle Ramdial

Chair, Communications Committee

Bingo Report

Bingo sessions are currently run at Ultimate Bingo Charity Association, 2355 Keele St., Toronto, Ontario. However the bingo hall will be relocating to 5601 Steeles Ave. W. Toronto, in the near future.

For the current fiscal period April 1st 2012 to March 31, 2013, NAAC was responsible for 27 bingo sessions. Revenue earned for that period with an estimated projection for Feb and March 2013 amounts to approximately \$6,500. This averages out to about \$240 per session, and reflects a decrease of about \$260 or 52% per session over the same period last year

This decrease in revenue is very discouraging and will be investigated further as to the reason for the great decline and what the future holds for bingo sessions as a source of revenue for the association. NAAC needs bingo funds of approximately \$12K annually to financially manage our steelband and bursary programs at West Humber Collegiate Institute and Cedarbrae Collegiate to maintain the status quo. For this fiscal year, bingo revenue was used towards awarding of bursaries at WHCI and Cedarbrae Collegiate, paying honoraria to steelband instructors at West Humber Collegiate and Cedarbrae Collegiate, plus covering 50% of the cost of steelpan tuning at WHCI and at Cedarbrae Collegiate.

Special thanks to all our volunteers and our team leaders for their help and commitment in running the bingo sessions. We look forward to your continued contribution and support.

Financial details of the individual items will be contained in the Profit & Loss Statement to be presented at our Annual General Meeting in May 2013.

Norma Ramsahai

Bingo Manager

Steelband Report

After-School Community Teaching Program:

As mentioned in our last report, there were a small number of new beginners so we decided to change the format slightly to accommodate the class from last year at an intermediate level. We have reinforced some of the music theory and incorporated more of Panache's repertoire. A few more beginners have joined the class and seem to have adapted to the revised format fairly well.

School Partnership Program:

Grants were made to both West Humber C.I. and Cedarbrae C.I. for tuning pans. NAAC will continue its partnership with these schools over the next school year by providing bursaries and awards to students and sharing in the cost of tuning pans.

Panache was looking forward to participating in the West Humber's annual Music Night, but the event was cancelled by the school.

Panache:

Since our general meeting in the fall, Panache has performed at NAAC's Annual Christmas dinner/dance and for the third year Panache had a float in the Etobicoke Lakeshore Santa Claus Parade. The band was proud to be featured on Breakfast Television at Dundas Square in support of the Daily Bread Food Bank. In February the band was the featured entertainment at a fund raiser held at the Lambton Golf and Country Club. Later in the month we performed for the Peel Youth Village. Next

performance will be for SNAPSO's Annual Spring Fling. The band has 5 more gigs on schedule for May and June.

Morning Star Middle School:

As noted in my last report, NAAC was approached by Morning Star Middle School for financial assistance to support their extra-curricular steelband program. We made a onetime donation of \$2,000 to the school to help out with this program.

Larry Large
Steelband Liaison



Cheque Presentation by Merle Ramdial, NAAC President, to Lauren Beckford, Guidance Counsellor at Morning Star Middle School



Panache performing at fundraising gig at Lambton Golf & Country Club

Music Notes from West Humber CI

WHCI Steelband Plays Live Into Orbit!

West Humber Music is doing some interesting performances this Spring! Our senior steel band has been selected to play at the Ontario Science Centre for “Music Monday” which celebrates live music across Canada on the first Monday in May. This year is a very special event, as we are not only **live on CBC**, we are **playing music with a LIVE connection through NASA** to the International Space Station!! WHCI Music will be playing across the world and into SPACE!!

The song we are playing is “Is Somebody Singing, I.S.S.” International Space Station” written by **Canadian Astronaut Commander Chris Hadfield** and the **Barenaked Ladies!** WHCI steel band will be performing with them on Music Monday! We are also doing a reggae version of their song, arranged by WHCI teacher, Mr. Cullen. This arrangement of the song is a free download to anyone (as well as a recording by WHCI steel band) at: www.musicmonday.



Canadian Commander Chris Hadfield, co-writer of song “Is Somebody Singing”, to be performed by WHCI Steel Band on Music Monday at the Ontario Science Centre with live NASA connection into space!

Our other music teacher **Mrs. Mashinter** is on maternity leave. We all look forward to her coming back next year in the spring! Congratulations on Mrs. Mashinter’s upcoming new baby!

Our Drumline played for the **Toronto Argonaut Quarterback Challenge** in the fall, and they are joining the grade 11 and 12 steel bands for a full-school **Concert at Haverгал College** on April 24. We have also been asked to play for several other schools and public



WHCI Grade 12 Pan players who performed, with a live connection via NASA, to the ISS.

events. We are now fundraising for our **Music Trip in May 2014 to New York City!** All grade 11 and 12 music students are invited to attend, with selected grade nine and ten students!

Finally, a very big thank you to the NAAC for their continued support of our steel band program at West Humber CI. The awards provide much incentive for our students to strive for the highest levels of excellence, while at the same time enjoying the art of playing steel pan in an ensemble setting. Award winners are all attending post-secondary institutions and are putting their awards to good use, helping to cover book and tuition costs. All three were extremely dedicated to the steel band program, playing for over 30 performances in their last year alone. They also shared the history of the steel pan, the evolution of the instrument, and other interesting facts during their presentations at schools, assemblies and church performances. Thanks again to the NAAC!

WHCI Music visited **Cleveland, Ohio in May 2012**, returning to Ravenna High school, with whom we have visited in 2002 and 2010. It was a great visit once again, with a combined concert featuring steel bands and soloists from both schools, and WHCI’s Drum Line and Motown Bands and vocalists. We also visited Panyard Inc. and saw many other great sites along the way! More information at www.whcimusic.com.

NAAC Steel Band Program at Cedarbrae Collegiate Institute

The NAAC-sponsored steel band program continued during the 2012/2013 school year at Cedarbrae CI. There were 3 Steel band classes in Grades 10, 11 and 12. Students played selections from various music genres and performed with distinction at the TDSB Panfest for 2012. They played "Pretty Young Thing", "Moliendo Café", "Pan In A Minor", amongst others. Students also performed at the annual Guildwood Day Parade and at several schools to celebrate Black History month. The school band also produced 2 DVDs of their performances.

Mylez McLymont was awarded the NAAC Bursary for excellence in Steel Band. Mylez has turned out to be a great pan player, arranger and instructor. He is now pursuing a music degree at a post-secondary institution. Alexander Hepner, Anisha Boodram and Britany Wilson, also received awards for excellence in the Steel Band Program.



Mr. Karamath with Mylez McLymont

The NAAC-sponsored evening program continued throughout the school year. Alex Kanhai, who is a product of our program went on to play for the band *Pan Fantasy* during the annual *Pan Alive* competitions. His band placed first in the competitions and he received the "Rookie of the Year" medal from *Pan Fantasy*. His playing skills were highly acclaimed by many who saw him perform.

Steel Band classes continue at Cedarbrae CI and are open to the general public on Mondays from 5:00 pm to 7:00 pm. Please call 416-283-4152 for more info.

Submitted by

Randolph Karamath

Music Teacher, Cedarbrae C.I.



Mr. Karamath with Alex Kanhai

NOTICE: Steelband Classes • 2012/2013 Season

West Humber Collegiate Institute

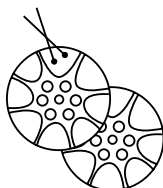
Start Date: September 25, 2012

Time: 6:30 p.m. – 7:30 p.m.

Instructor: Al Foster

Contact Larry Large: 905-813-6015

email: llarge@rogers.com



Cedarbrae Collegiate Institute

Start Date: September 17, 2012

Time: 5:30 p.m. – 7:00 p.m.

Instructor: Randolph Karamath

Tel: 416-283-4152

email: ramachez@hotmail.com

Christmas Dinner & Dance

The Naparima Alumni Association launched into the Christmas Season by hosting its annual Christmas Dinner and Dance on November 24, 2012 at Elite Banquet Hall in Etobicoke. Two hundred and seventy members and guests, many from out-of-town, filled the festively decorated hall. They arrived radiant in formal dress attire and ready for an evening of reunion, excitement and surprises.

The first pleasant surprise came early in the evening. As guests enjoyed hors d'oeuvres and cocktails, our Master of Ceremonies, Selwyn Baboolal, graciously invited his captive choir to join in a half-hour sing along of familiar Christmas carols. With the lyrics projected onto the wall and Panache Steelband's superb and joyous rendition, both young and old, Presbyterian and non-Christian participated, just as they might have done many years ago at their Alumni College or High School. The spirit contained in the motto, 'Non nobis solum sed omnibus' - 'Not for ourselves only but for all' pervaded the atmosphere throughout the evening.

Among those bringing Greetings from Trinidad were, Dr. Vidhya Gyan Tota-Maharaj, the Consul General of Trinidad & Tobago and Mrs Carolyn Seepersad-Bachan, NGHS alumna and Minister of Public Administration in the present T & T Government. The Association was recognized for the work that members are doing here in their adopted homeland as well as the ongoing contributions they have been making to their motherland.

The Naparima Alumni Association has also continued its tradition of providing support each year to students pursuing studies at a Canadian University. For 2012, the two bursary winners were Stacy Bobb and Aliesha Dowlath. They were both recognized

for their outstanding work and contribution to their schools and community and presented with awards of \$500 each.

DJ InVINCEable had the floor space covered with eager dancers as he filled the hall with music for all times and all ages. In the words of some out-of-town guests, Yvonne Pietrobon writes,

"We had a wonderful time at the November Christmas Dinner and Dance. Here are some reflections from the four of us:

The atmosphere was very warm and welcoming with an elegant hint of Christmas. We thoroughly enjoyed the Caribbean music and it was a pleasure to hear a Steel Pan Band playing Christmas Carols. As outsiders, we were unsure of what kind of food to expect. We appreciated the authentic food that was very delicious (we went back for seconds). The appetizers, buffet and desserts could not have been more enjoyable. We also enjoyed watching the little children dancing and having a great time. As educators, it was particularly rewarding to hear about the history of the school and the success of its graduates. The speeches were brief but to the point and the M.C. was very entertaining. The prizes were great and the tickets were very reasonably priced. It was a pleasure to meet your friends from Montreal and spend a wonderful evening together. It was obvious that a lot of time and effort went into planning the evening and it was definitely a great success. Thanks so much for inviting us."

Angela Jutlah

Member, Social Committee



Interview with Patricia Moonilal

Patricia Moonilal is an NGHS alumna who is now Principal of an elementary school in Manitouwadge, Northern Ontario. She grew up in Penal; her father was also a school principal, and she entered Naparima Girls' High School in 1963. Her working life has taken her to the remoteness of the north, far from the Trini diasporic communities of Toronto or other large Canadian cities. In this interview with Ramabai Espinet, she gives us a sense of a migrant experience with a difference.



RE: Tell me a little of your present life - location, job and something of the time frame and scope of your experiences in the North.

PM: I am presently in Manitouwadge, a small NW Ontario community. I am now in my third year as the Principal of the elementary school here. Before that I was in Marathon.

RE: "Marathon." The name intrigues me. How did you get there? Did you pick it or did it pick you?

Marathon lies between Sault Ste Marie and Thunder Bay on the north shore of Lake Superior. It is a community of about 4000 surrounded by boreal forest and rich in mineral deposits. It is said to have been "built on paper.laced with gold." Before the gold mines came, the community's economy was dependent on the Marathon Pulp Inc. Kraft Mill, hence the name. In the 1980s, the Hemlo gold mines began mining the richest gold deposits in Canada. The pulp mill is now closed and the mines are slowing down.

I moved to Marathon in the early 90s when the mines were in full swing and the economy was booming. I was forced to make an emergency move for work. At the time I was in Montreal completing

my Masters at McGill. I had a young baby and my husband became very ill. My maternal instincts kicked in. If my husband could no longer work, someone had to provide for the family. While my husband was in the hospital, I called all the school boards in Ontario and all of the responses were negative except for Marathon. I did not know where this place was but found it on the map and the choice was made. It had a job for me when I needed one. **So it picked me.**

RE: Would you describe your path as typical of someone of your background and expectations? Or was it highly unusual? Would you share your present perspective on your journey so far?

No. I think it was somewhat unusual.

I came to Canada to attend university like most people from Trinidad. I thought I was going to better myself because Canada was considered the land of opportunity. I did not know what to expect. Even though I was accepted by the University of Toronto, I was coerced into going to Windsor instead, but I didn't really like it there and later moved to London for teachers college.

I met my first husband in Windsor. This is where my path veered off into the unexpected. He was born in Germany and living with him and his family opened up a whole new world for me. I was exposed to a culture and way of life different from my own. Doors that would otherwise have been closed to me were opened. I travelled to Europe with him and visited relatives there. I developed my passion for travel by being with him. I became comfortable with long distance travel when we, two young people, took long camping trips and travelled throughout the States and Canada.

My husband and I both had a passion for teaching. Having had to learn English as a second language, he always wanted to be a high school English

(Continued on page 11)

Patricia Moonilal

(Continued from page 10)

teacher. We went to teachers college together and after graduating we felt we were lucky to both find teaching jobs. He was instrumental in getting us jobs on a northern Quebec Cree First Nations reserve. Had I not been with him, I would never have even known that people lived there. I lived and worked on two reserves in Quebec for several years. However, our marriage did not survive living out of a suitcase.

After my divorce, I moved to Montreal and returned to school where I met my second husband who was also from another culture. He was born in Canada but from a Russian Jewish background. We have a wonderful son who was not yet two when his father passed on. My son and I have been alone since then. I stayed in Marathon until he went to university and then I moved to another northern reserve for a year and then to another northern Ontario community and now I am in Manitouwadge.

At times I long for the stability that comes with developing relationships in a place where you have roots. I did not have a familiar community to cushion me. I was always the outsider wherever I went and for a long time I had a hard time figuring out who I really was. I see myself as a rolling stone gathering no moss. Wherever I have gone, I stick out as the only visible minority. I miss out on all family gatherings because I am so far away. I have nothing to grab on to. I am constantly on the move. On the other hand, I have had many challenges along the journey that I have overcome by being persistent and by applying the lessons learned along the way. It has not been a boring life. I have experienced many things that I would not have been exposed

to had I not taken the risks and jumped into the water without knowing how deep it really was. Sometimes I got in over my head but somehow I always managed to make it out safely, so far.

RE: Would you share some of the highlights of your stay in the “true north?” Challenges? Triumphs?



Working as a teacher in the north was an adventure. When I first went to the north we flew from Montreal and after flying for what seemed to be a very long time, we had to take another two planes to get to our destination, each plane significantly smaller than the last and the ride a lot bumpier. We found ourselves in the middle of nowhere, back in time, in a place far removed from modern civilization and big city life.

I was young at the time and quickly got involved in outdoor winter activities. I did snowshoeing, cross country skiing

and went with the other teachers for long skidoo rides. We made fires in the teepee and sometimes dug into the snow when we stopped to rest and made a fire to boil water for coffee and roast hotdogs.



We picked a lot of blueberries and the native ladies made us goose and bannock, similar to fat bake,

(Continued on page 12)

Patricia Moonilal

(Continued from page 11)

over the fire in the teepee. There were always feasts for different occasions and everyone attended. This is where we also got moose, arctic char and caviar. They occasionally had square dances and the elders played music on the fiddle on the Quebec reserves. Children were also included. When I left I brought back souvenirs of tamarack geese, soapstone carvings, wooden snowshoes, mukluks, beaded moccasins and gloves.

The teachers were well looked after since the best accommodation was usually provided for the outsiders. The environment in the north is harsh and on many reserves, the housing is substandard. We did not wear high fashion because we needed to wear heavy parkas with tunnel hoods and Sorel boots to keep warm. I had no dresses for many years and when my parents visited us they thought I was poor because I didn't have any "nice" clothes. Jeans and boots were the uniform!



I worked as well on a "fly-in-only" reserve in Northern Ontario. I lived in a three bedroom house by myself and the furnace always needed repairs. I once had to wait for a long while until the repairman came so I lit the wood stove. My boss was a bit nervous about letting me light the fire but I assured him that I wasn't going to burn the house down, and I didn't.



Here they depend on the winter roads to bring in the bulky items that are needed. These roads are long and dangerous but many people make the trips out and hope they can make it back before the ice thaws. On this reserve I went ice fishing for walleye. I didn't have my own snow mobile so I got rides to cross two lakes to get to the good fishing. I was now much older and more sedentary.

Living in the north has exposed me to a life quite different from that in the big cities, and absolutely different from my early expectations of Canada. I can't say that I have any regrets.

RE: Many thanks for your generosity in sharing this with us.

Interview by Ramabai Espinet

Patricia Moonilal's email address is:
pmoonilal@gmail.com



Diamond Jubilee Spotlight: Rabindranath Maharaj

Published February 15, 2013

The Diamond Jubilee Medal was created in honour of the 60th anniversary of Her Majesty Queen Elizabeth II's accession to the Throne. The medal recognizes Canadians from all walks of life who have made significant contributions to Canada or whose achievements abroad have brought credit to Canada. The Diamond Jubilee recipients come from diverse fields and stand out amongst their peers for the commendable service they have provided.

We highlight the contribution to Canadian culture and literature of **Rabindranath Maharaj**.

Rabindranath Maharaj is an award-winning novelist and short-story writer and teacher who has lived in Ajax since 1994. He co-founded of the Lichen Literary Journal in 1999. Rabindranath has been a Writer in Residence at the Toronto Reference Library, a mentor for young writers with Diaspora Dialogues, and an instructor with the Humber College School for Writers, the University of Toronto School of Continuing Studies, and Ryerson University. Apart from his novels and collections of short stories, he has published work in various literary journals and anthologies; written book reviews and articles for The Washington Post, The Globe and Mail, the Toronto Star, and others; written a play for CBC Radio; and written two screenplays. Rabindranath has been honoured by literary circles including:

- 1996 Finalist, Commonwealth Writers' Prize, for best first book (for *The Interloper*)
- 1998 Finalist, Chapters/Books in Canada First Novel Award (for *Homer in Flight*)
- 2005 Finalist, Commonwealth Writer's Prize (for *A Perfect Pledge*)
- 2005 Finalist, Rogers Writers' Trust Fiction Prize, for best novel (for *A Perfect Pledge*)



*Diamond Jubilee Medal Presentation
being made by Chris Alexander,
MP for Ajax-Pickering*

-
- 2010 Trillium Book Award, for best book (for *The Amazing Absorbing Boy*)
 - 2011 Longlist, OCM Bocas Prize for Caribbean Literature (for *The Amazing Absorbing Boy*)
 - 2011 Toronto Book Award (for *The Amazing Absorbing Boy*)
 - 2012 Lifetime Literary Award, from NALIS – Trinidad & Tobago's National Library and Information Systems Authority

NAAC Christmas Dinner & Dance



*(Left to Right) Rennie Mohamed
and wife Shyroon with
Satnarine Pundit.*



Clifford and Angela Jutlah



Maurice & Angela Carrière

NAAC Christmas Dinner & Dance



Jai and Elsie Ojah-Maharaj



Fazyah & Tahir Mohammed



*Mrs. Carolyn Seepersad-Bachan,
NGHS alumna and Minister of Public
Administration, T&T Government.*



*Dr. Vidhya Gyan Tota-Maharaj,
Consul General of Trinidad & Tobago.*

The image shows the cover of a cookbook titled "Celebrate Food!" for the Naparima Girls' High School Centenary Committee. The cover features a collage of various dishes including a seafood platter, a bowl of salad, and several glasses of colorful beverages. The text on the cover includes: "NAPARIMA GIRLS' HIGH SCHOOL CENTENARY COMMITTEE", "proudly presents", "Celebrate Food!", "our NEW Naparima Girls' High School Cookbook", "This delightful legacy cookbook showcases a fusion of foods from around the world. Enjoy with friends and family, well over 125 new recipes featuring appealing appetizers, exciting entrées, scrumptious sides, delectable desserts and blissful beverages.", and "Get your copy quickly while stocks last from the N.G.H.S. Bursar's Office (652-2659) and all leading bookstores."

Sinless (alas!) in Bodacious Brazil

by Shirley Lobin

So, here I am, sublimely eating my way through Brazil! And *that's* the only sin I'm going to admit to.

This country is a food-lover's paradise. I get excited just thinking of the pungent, flavorful *acarajé*, a Bahia street-food made from ground black-eyed peas that is rolled into a ball and deep-fried in palm oil, and served sandwich-like with spicy cashew-okra pastes, fried shrimps and pepper sauce. I positively drool over saucy *feijoada*, the national dish with origins in Portugal and Africa, a stew of black beans and smoked pork or beef or both, simmered for hours in a clay pot, and served with rice, greens and condiments. And a mere whiff of the meatily-aromatic, charcoal-flavored *churrasco* – mostly beef, grilled on huge skewers and brought every minute to your table by waiters who slice off for you as much as you desire – makes me feel that I've died and gone to that other heavenly place. For me, self-restraint in Brazil is a hopeless cause.

My first visit to Brazil was in 2006 when, for half the year, I worked at the Sao Paulo corporate office of my new employer, a Brazilian cement multinational. Taking this opportunity to visit some other Brazilian cities and attractions, I became hooked; I knew I had to return. And now here I am, visiting with my friend and former co-employee, Jussara, for a few months at her home in the city of Curitiba in southern Brazil.

Curitiba, in Paraná

Curitiba: who's ever heard of it? Few people outside Brazil, I imagine, even though it's one of the oldest colonial cities in South America, having been commandeered by the Portuguese in the 1600's. Today, their descendants, along with those of later arrivals – the Poles, Germans, Italians, Ukrainians – make up about eighty percent of its population, as they do in much of the south.

Despite the country's history of African slavery, I see only a smattering of Afro-Brazilians on the streets. Jussara's sweet, ninety-something year-old

aunt, *tia* Angelica, can't figure me out: She's *Canadian*? With skin so dark skin and hair so kinked? (The sun's heat and the humidity are unrelenting). "Is she African?" she whispers to her



niece. Jussara laughingly explains to her, "No, *tia*, she's Indian, like Mahatma Gandhi, with straight hair." Angelica smiles delightedly, "Oh, Gandhi! I know him." Gandhi-the-Bald is popular in Brazil; there is even a statue of him in downtown Rio. Angelica warmly enfolds me in Gandhian glow.

Perched atop southern Brazil's mountain ranges, at about a thousand metres high, Curitiba has a generally mild climate, though now, in late spring in November, I feel like I'm back home in Canada when temperatures occasionally drop to freezing. Indoor heating is rare and all I've brought is summer clothing. The mountain slopes, though, are joyously sprouting new vegetation in brilliant greens, and when it rains they become alluringly veiled in soft,



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Bodacious Brazil

(Continued from page 16)

gentle mist. All along the roadsides, *ipes* trees are blooming luxuriantly in a stampede of colour, each single cluster strangely combining blossoms entirely purple with others entirely white.

Curitiba, Brazil's fourth-richest city, seems contented not to strive for Sao Paulo's boisterous exuberance, Rio's sauciness, or Salvador's *alegria de vivir* (joy of living). Indeed, its uncomplicated stability is what makes it a perfect gateway into the culture of the south and a convenient hub for travel to nearby countries. It may even outshine many world cities in its abundance of attractive, user-friendly green spaces – such as the Botanical Garden with its forests, its plush flower-beds and its gigantic greenhouse sparkling like crystal in the sun; or the *Parque das Pedreiras*, home to the lovely opera house, built on a small lake and serenely looking out - through its circular walls of glass - onto mini-waterfalls and lush gardens; or the *Pope John Paul II Woods* which showcases the *Oscar Niemeyer Museum*



of contemporary art and design, one of the many unique masterpieces of Brazil's pre-eminent architect whose name it bears. Nicknamed *The Eye* (because it looks like one in outline), it actually depicts the candelabra-shaped *pinheiro* (pine) tree that is native to the region.

I'm comfortable here in Curitiba: it reminds me of my own hometown, Toronto: sensible, safe, relaxed and orderly.

Florianopolis, in Santa Catarina

Jussara, Iris, Vani and I drive to the coastal city of Florianopolis, three hours from Curitiba. Wealthy, not (yet) overpopulated, pleasingly mild in its climate, it is, reputedly, Brazil's most liveable city. And, as if that's not enough, it is also one of its most picturesque, surrounded as it is by rolling hills that shelter and frame dozens of white-sand beaches. Tourists, the rich, the famous or mere mortals like me, are drawn to it like colonies of ants to an advertised picnic lunch.

Oh, the beaches! I swear I have never seen so many in one place. Indeed, the entire coast of Brazil is one long, almost uninterrupted, gorgeous beach stretching for thousands of kilometres. Brazilians have a love affair with them; many own beach-houses along them. At Jussara's, in a little fishing village (though not in Florianopolis), we're contented to spend the sweltering days lazing in hammocks, roaming the beaches, and guiltlessly gorging on seafood freshly off the fishermen's boats,

We're at the popular downtown market in Florianopolis, huddling under an umbrella at an outdoor table in the light rain, and watching a couple contorting their exquisite young bodies to the sizzling music of a small live band. Our mouth-watering food arrives faster than we can devour it: four plates of shrimps in different styles, four large portions of fish, mounds of French fries-white rice-black beans-vegetables-salads, and bowls of gooey fish soup and ice-cream, excessive even for four starving women. But we're attacking it with such fervour that Iris is moved to remark: "You'd think we're at war!"

Salvador, in Bahia

When people say that Salvador, in the tropical state of Bahia, is hot, they're referring not only to its intense humidity and searing temperatures, nor simply to its spicy-hot foods, samba and carnival, but, above all, to its warm and engaging people of myriad skin colours, so many of them dazzlingly good-looking. And another thing: only after we leave Salvador do

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Bodacious Brazil

(Continued from page 17)

we learn that the beguiling *Barra* district where we stay for a week is prime prostitution turf. Bahia is indeed a stark contrast to the wealthy, conservative south.

Salvador's historic centre, the *Pelourinho* (a slave market in the days of slavery), overlooks the city with its hilly streets. Picture-postcard pretty, it seduces with its languorous cobblestoned streets and plazas; with its buildings sidling up against each other in neon blues, reds, greens, pinks, yellows; and, yes, even with its flashily-ornate Portuguese-style Catholic churches. Artists display their stylized paintings of the city's rooftops. Afro-Brazilian women costumed in slave-era white dresses with hooped skirts smilingly harass tourists to take their photos, then, afterwards, unsmilingly demand a scandalous fee. A group of young men are performing *capoeira*, a type of Brazilian martial arts that has evolved to combine graceful balletic movements. There's never a dull moment here.

Down the hill at the waterfront, I spend hours in the *mercado publico* (public market) browsing among locally-made hand-embroidered tea towels and tablecloths, junk jewellery, and silly souvenirs.

Salvador is where the Afro-Brazilian religion, *candomblé*, first arrived in its original form with slaves from Africa (much like *shango* in Trinidad). Since then it has evolved to incorporate some aspects of Catholicism. In one of its various complex rituals, women dance themselves into a trance-like state in which, supposedly, spirits "possess" them, leaving them cleansed and healed, physically and psychologically.

I get an opportunity to witness one of these in a

village two hours' drive from Salvador. At midnight, arriving at a small, white-washed concrete house, our group is ushered into a dimly-lit hall. It is bare, except for a throne-like chair for the master-priest,



and some seats alongside a wall where we will sit quietly, observing. In a small kitchen at the back women are organizing the food.

Teenage boys begin the ceremony with their drumming. Several women of all skin colours, turbaned and wearing white ankle-length dresses, enter from a back room, at first swaying gracefully in

wide circles around the master-priest seated on his throne. Gradually, the tempo of the drums intensifies, spurring on the women to whirl faster and faster, in ever-tightening circles, increasingly uninhibitedly, and ultimately to some inner rhythm of their own. With the drumming and gyrating reaching a climax, the possessing spirit enters the women's bodies as they slip into a trance and, one by one, collapse onto the floor. Call me sceptical, but I'm thinking that this trance business has more to do with heat and thirst and gyratings than with spirits and possession, because I, too, will pass out soon if I don't get some water and fresh air. But, just then, our friendly hosts offer us snacks and drinks, while other devotees assist the collapsed women into the back room to revive them. Our guide assures us that what we have just witnessed is genuine worship, not a performance for tourists. Nevertheless, some small money donations are expected, and accepted. Sadly, though, he whisks us away before we can partake of the feast that I glimpse in the kitchen.

Candomblé adherents are not only Afro-Brazilians, and not only from Bahia. One Caucasian devotee and friend from Sao Paulo tells me that she is a witch. "A

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Bodacious Brazil

(Continued from page 18)

witch?” I repeat, unsure of which way to go with this. “Not a *bad* witch,” she assures me, “just that sometimes I can see into the future, or even visualize what is happening elsewhere right now.” Thank goodness she makes no offer to visualize *my* thoughts.

Brazilians and their society

I meet all kinds of interesting Brazilians.

There are the *recklessly insane*, like the taxi driver taking us to the airport in Curitiba for our flight to Uruguay. It is 5.00 a.m. and he is speeding along the highway, his head involuntarily nodding in sleep - every few seconds! How we survive to tell this tale, I will never know.

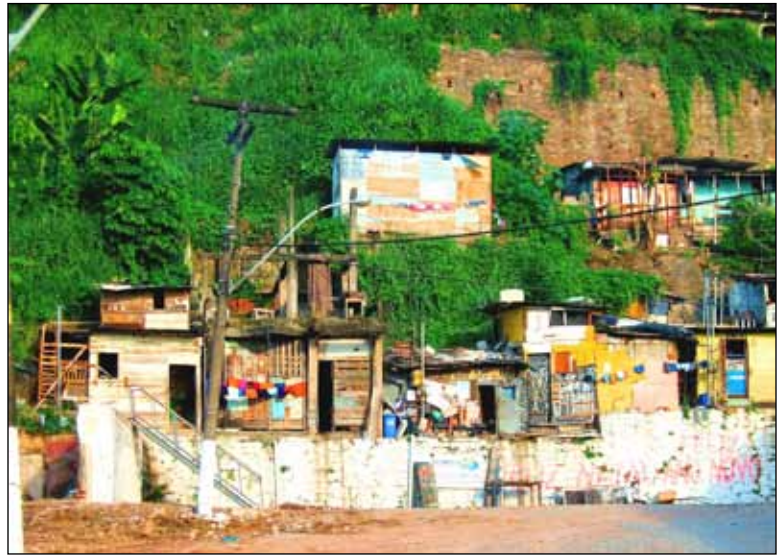
And the *rascally* ones. On a beach in Salvador, I park my distinctive neon-pink flip-flops on the hot sand and wade into the water. Within minutes, unknown to me, they have taken involuntary flight. When we track down the thieving culprit at his coconut shack further down the beach, he grins sheepishly and surrenders them with neither excuses nor even a fake apology. He resembles the cute American actor, Cuba Gooding, but that doesn't spare him our tongue-lashing.

Also, the *hilarious* ones. Two women on vacation from Rio, aged about 75 and 80 respectively, board the bus. The younger, obviously dominant, one is expounding ceaselessly on every subject to her friend, Jussara and me. At their stop, the bus parks a metre away from the curb, so Madame Expounder has to stretch her legs wide to span it. Holding that position for a few exaggerated seconds, she remarks in a loud, theatrical voice, “This is enough to make me lose my virginity!” We cannot stop laughing.

But, mostly, the *friendly* ones. Brazilians I meet are generally warm and expansive. Some start chatting away to me in Portuguese; mine is improving day by day, so I'm able to converse with them, even if stumbingly. “I thought you are Brasileira!” they tell me when they realize I'm not. By the time we say our goodbyes, there is a whole lot of huggings and

kissings. They are very tactile.

Brazilians of the relatively well-employed middle-class often assure me that theirs is a harmonious society with little racial or class discrimination. I'm not completely convinced. On the streets, especially in the south, I notice that the well-dressed, professional-looking people are almost all Caucasian. Even at our office in Sao Paulo, in a seven-storey building



with hundreds of employees, the only Brazilians of colour I ever met were the janitors. However, recent governments have been implementing specific policies to combat societal inequality. For example, “pacification” programs in Rio aim to improve socio-economic conditions in the *favelas* (slums), and thereby to reduce incentives for criminal activities. I can only hope that these succeed; Rio is such a charming and vibrant city that it deserves better than its current reputation as crime capital of Brazil.

Brazil holds a special place in my life. One of my most endearing encounters is with fourteen-year old Yago, the son of an acquaintance. We're driving in their car, and I am humming along to some American pop songs that are playing on the radio. Keen to practice his English with me, Yago turns to me and comments: “You have a sweet voice.”

Charming kid!

Later, he asks his mother: “Can we see Shirley again before she leaves?” Maybe next time, sweet child.

Shirley Lobin (shirleylobin@yahoo.com)

Obituary: Bessie Marguerite Dayfoot (née Julien)

Passed away peacefully at home in Toronto on Sunday, March 17, 2013. Bessie was born on January 22, 1918 in Wheatley, Ontario. Graduated from the University of Western Ontario and Victoria Hospital, London with a BScN. She worked in Toronto for the Victorian Order of Nurses in York Township. After graduating from the United Church Training School for Women, and also attaining her ARTCM, she left to serve in China as a nurse, under the Womens' Missionary Society of the United Church of Canada. Shortly after arriving in Chengtu China, she met and soon married Arthur Charles Dayfoot and together they served the Church of Christ in China under the Board of World Mission of the United Church of Canada. The first of their five children was born in China. When Art and Bessie had to leave China due to the Revolution, they went to England for a year, and then were posted to Trinidad, serving the Presbyterian Church of Trinidad and Grenada from 1952-74. After retiring from the mission field, she returned to nursing, working at Sunnybrook Hospital until retiring in 1983. Since then she has lived in Brampton and in Toronto.



Predeceased by daughter Cathy, and husband Art, she will be missed by children Charles (Michelle), Howard Paul (Marg), Nancy (Laurie), and Timothy (Leta), son-in-law Angus, grandchildren Gillian, Roxana (James), Christopher, Stephen, Ross, Alexis, Emily, Jennifer, Rob, Sophia and Andrew, and great-granddaughter Matilda.

A memorial service was held at Bloor Street United Church on Saturday March 23. In lieu of flowers, a donation to the United Church of Canada Mission & Service Fund was requested.

Ralph Baney's Lyrical

RALPH BANEY, with a recent sculpture which was selected for show at the MARYLAND BIENNIAL 2012 held at the Howard County Arts County Arts Council in Maryland. The show was juried and open to artists from Maryland, Virginia, Washington DC and Delaware. This is the first sculpture in which Ralph did welding and then wrapped the armature with steel and copper wire. He called it "Lyrical". It is a kinetic piece mounted on a motorized turntable.

Ralph is a graduate of Naparima College and Naparima Teachers College.



Naparima College Celebrating The Vision of Our Founding Fathers

Reflecting on the theme, “Celebrating the Vision of our Founding Fathers”, Naparima College celebrated its 119th Anniversary on 5th February 2013. We continue to be proud of our well rounded graduates, but special recognition must be given to Marcus Belasco who was awarded the 2012 President Medal in Math and Natural Science.

Administration and Staff show a strong commitment to improving the quality of learning by offering a broad and balanced, thought-provoking and forward looking educational avenues together with a wide variety of over forty (40) co-and extra-curricular activities. These extra-curricular clubs act as a conduit to motivate and challenge our able students ensuring that as “Successful Men of the Future” they have the opportunity, qualifications, skills and motivation to make a difference to our society in whatever field they choose. Our students have been involved in several

school activities, competitions and community service projects, throughout the country and across the globe.



Political Scientist, Professor Selwyn Ryan (Feature Speaker), right, looks on as Principal of Naparima College Dr. Michael Dowlath, third from left, greets Taran Maharaj (PTA President) after unveiling a commemorative plaque in recognition of the school's 119th Anniversary Founders Day Celebrations. Looking on are Chairman PSSBE Lincoln Ramsaran, left, and School Supervisor Zabeeda Hosein-Abid.



*Picture (above)
Marcus Belasco awarded President's Medal, looking on are Dr. Michael Dowlath on left with Mr. & Mrs. Belasco on right.*

*Picture (left):
Gold Medal designed by Naparima College, for Marcus Belasco.*

INTERACT CLUB

On the 16th November, 2012, the Interact Club held their Annual Feeding the Homeless Project. Menu: pelau, chicken and green salad. Food was cooked by students of the Interact Club then packaged into boxes and distributed to various homes in San Fernando including: Hope Centre, the Society for Saint Vincent de Paul, J.C Mc. Donald for the Aged and the Court Shamrock Home. Also food was distributed to the homeless persons along High Street, Mucurapo Street and in Pleasantville and environs. Total boxes of food distributed were 350.



SPORTS DAY 2013: SNAPSHOTS OF SCOUTS BAND, TUG-OF-WAR & SAC RACE (WINNER: WALLS HOUSE)

The College's strong pastoral support structure enables careful monitoring of the progress and welfare of every student. Students who find learning more of a challenge, or need that extra push to make good progress will also be able to realize their potential through the "NAPS Big Brother Program." At Naparima College, new ideas, innovation and creativity is a



crucial part of our culture. In preparing future leaders for various sectors in the economy the staff at Naparima College, provides students with the highest levels of teaching and developmental opportunities. Students are presented with the opportunity, during the annual Science Fair, to create scientific models that: add value to our economic situation, ensure future wellbeing, address urgent problems facing many communities, prevent floods in coastal communities and reduce carbon emissions in schools.

1ST NAPARIMA COLLEGE SCOUT TROOP

*(Left):
Scouts building
a raft.*

*(Right):
Scouts testing
their raft.*



FORM 1 FOOD FAIR 2013 DISPLAY INCLUDES VARIOUS CUISINES IN TRINIDAD & TOBAGO

Staff and students benefit from and are proud of the excellent facilities in Naparima College: fully air-conditioned Gymnasium/ Auditorium, upgraded Science Labs, improved cafeteria facilities, and refurbished/air conditioned classrooms (Form 5 & 6). Our sports teams continue to benefit from improved sporting facilities: Naparima College Playground on Lewis Street was officially lit with stadium type lights on Wednesday 20th February, 2013. The grounds will facilitate various sporting and athletic training.

LIGHTING OF NAPARIMA COLLEGE PLAYGROUND (LEWIS STREET)

Picture Below (Left) Student Tassa Group perform during Opening Ceremony.

Picture Below (Right): “The Games Begin”; Mayor of San Fernando Dr. Maudali and Principal, Dr. Michael Dowlath join in a game of cricket with Minister Seepersad-Bachan, students and cricket -pro, Mr. Darren Ganga.



(Above) National Players, Teachers, Students and Administration: Dr. M Dowlath & Mr. Dev Gosine take historical group picture, to commemorate the first games on the newly lit playground.

NEW AND IMPROVED INFRASTRUCTURE FOR STAFF & STUDENTS



TREASURED MOMENTS DURING FOUNDERS' DAY CELEBRATIONS



2012 GRADUATES ALONG WITH PRINCIPAL & DISTINGUISHED GUESTS



NAPARIMA COLLEGE ACHIEVES EXCELLENCE IN ACTT ESSAY COMPETITION

Naparima College's Form 4 and 5 students, were awarded the majority of prizes from the Accreditation Council of Trinidad and Tobago (2nd Annual) National Essay Competition. Picture (left to right) Mr. Michael Bradshaw (Executive Director of ACTT), Joshua Ramjohn, Airon Rattan, Adil Ali and Dr. Michael R. Dowlath (Chairman of ACTT) in group picture during "Quite Awards 2012" ceremony, held at Hilton, Trinidad.



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P-a-u-s-e.....

"Now, Let us pray committing this week into God's hands.

Open your Apps, BBM, Twitter and Facebook, and chat with God..."

S-i-l-e-n-c-e...

"As we take our Sunday tithes and offerings, please have your credit and debit cards ready."

"You can log on to the church wi-fi using the password 'Lord909887'."

The ushers will circulate mobile card swipe machines among the worshippers:

* Those who prefer to make electronic fund transfers are directed to computers and laptops at the rear of the church.

* Those who prefer to use iPads can open them.

* Those who prefer telephone banking, take out your cellphones to transfer your contributions to the church account.

The holy atmosphere of the Church becomes truly electrified as ALL the smart phones, iPads, PCs and laptops beep and flicker!

Final Blessing and Closing Announcements...

* This week's ministry cell meetings will be held on the various Facebook group pages where the usual group chatting takes place. Please log in and don't miss out.

* Thursday's Bible study will be held live on Skype at 1900hrs GMT. Please don't miss out.

* You can follow your Pastor on Twitter this weekend for counseling and prayers.

* God bless you and have a wonderful week !

WE DID IT! ROTI ROTI DID IT!!!

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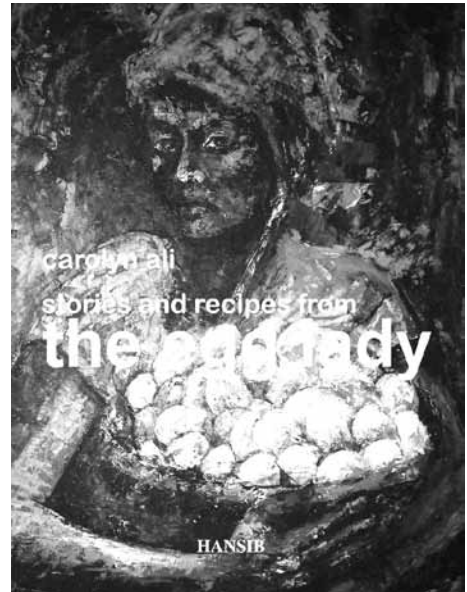
Book Review:

Stories and Recipes from the Egg Lady - Carolyn Ali

Stories and Recipes from the Egg Lady grew out of love - love of family, love of reading, love of cooking and love of art. On the pages of this unique and colourful book, each beautifully crafted story comes to life with its own lyrical original artwork.

Although written in a light vein, the stories carry a subtle yet profound message, making it a book that can be enjoyed by all. The diverse story-scape includes legends, folklore, fairy tales, mystery and travelogue. At the end of each story, like a delightful dessert, the reader is presented with several deliciously different recipes. Each recipe carries a link to its preceding story – some obvious, others requiring some thought. The recipes were shared by family members and are annotated with the owners' names. And like our family, while Caribbean flavours infuse the brew, the pot also bubbles with a world of ingredients, including Malaysian, Bahamian, Indian, Greek, American and Spanish.

All the elements, story, image and recipe, are in reality related to each other. Think of this book as one big family of many relations, offering a banquet for the senses – literary, gastronomic and visual! Enjoy reading the stories, enjoy experimenting in the kitchen, but most of all enjoy them with the love of family and friends.



• 280 x 215 mm • 88 pages • Paperback

Published by Hansib Publications Limited, London, 2011 ISBN: 1906190356

April 4, 2013

Dear NAAC friends,

To honour Howard I have initiated a Geography Prize for the top “ A Level” student at Naparima College to commence Speech Day this year. With the help of friends I have donated TT\$10,000 for the annual TT\$1,000 prize.

As many of you know, Howard taught Geography for many years and was an avid life-long geographer and traveller. He was the top student in Higher Certificate Geography at NC when he graduated in 1960 so this award seems a fitting tribute to him.

I would like to keep the award active for 20 years, so I am soliciting donations from fellow Naparimians. I suggest a \$5 to not more than \$20 contribution as individuals or groups. Note that this is a personal family, not NAAC, endeavour.

The attached letter from Michael Dowlath, Principal, Naparima College, outlines the details of the Howard Sammy Memorial Geography Prize.

Thank you for your support.

Kathy Sammy and family

826116 Mulmur Nottawasaga Townline, Shelburne ON L0N 1S7, 705-466-3480



NAPARIMA COLLEGE

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San Fernando, Trinidad, W.I.

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Telephone: (868) 652-2415

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March 28th, 2013.

TO: Mrs. Katharine Sammy,
Family & Friends in Trinidad,
Family & Friends in Canada,
The Naparima Alumni Association of Canada,
The NAAC Steel Band - PANACHE &
Former Colleagues

FROM: Dr. Michael R. Dowlath,
Principal Secondary,
Naparima College,
Trinidad, W.I.

SUBJECT: **The Howard Sammy Memorial Prize**

Dear Sir/Madam,

On behalf of Naparima College, I hereby certify and sanction the institution of an Annual Memorial Prize made by Mrs. Katharine Sammy and Family & Friends in Trinidad and Canada, in honour of her husband, the late Howard Sammy who passed away in November 2010. Please note the following information with regards to this prize:

- | | | | |
|----|--------------------|---|--|
| 1. | NAME OF PRIZE: | - | The Howard Sammy Memorial Prize |
| 2. | AWARDED FOR: | - | Most Outstanding Student in A' Level Geography |
| 3. | AMOUNT: | - | \$ 1,000.00 TT Dollars |
| 4. | PERIOD GIVEN: | - | Annual basis |
| 5. | COMMENCEMENT: | - | Annual Speech Day & Prize Giving Function – October 2013 |
| 6. | DURATION OF AWARD: | - | 10 years + |

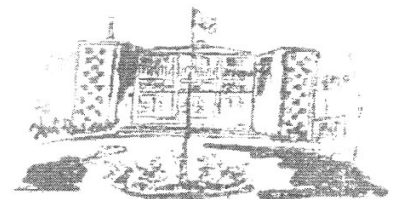
I also hereby acknowledge receipt of the sum of Ten Thousand TT Dollars (\$ 10,000.00) from Mrs. Katharine Sammy, Family & Friends in Trinidad & Canada. Mrs. Katharine Sammy is hereby authorized to collect donations towards this Prize. The donors name will be included in our Annual Speech Day Programme, under the "DONORS" Section as:

Mrs. Katharine Sammy, Family and Friends in Trinidad & Canada

It is indeed an honour for me to accept this proposal made on behalf of the late Howard Sammy. I would like to take this opportunity to extend my sincere thanks to Mrs. Katharine Sammy, Family & Friends in Trinidad, Family and Friends in Canada, The Naparima Alumni Association of Canada, The NAAC Steel Band - PANACHE and Former Colleagues for their continued support and dedication to the holistic development of our students at Naparima College.

Yours sincerely,

Dr. Michael R. Dowlath
DR. MICHAEL R. DOWLATH,
PRINCIPAL SECONDARY.



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*Christmas
Dinner & Dance
November 24, 2012.*

*NAAC's
Next Generation*



*Mrs Vilma Ramcharan with one of the NAAC
Bursary winners, Aleisha Dowlath*



*Mrs. Vilma Ramcharan, NAAC Secty,
with NAAC Bursary winner Stacy Bobb*

Photos: Tyrell Rudy Mohammed.